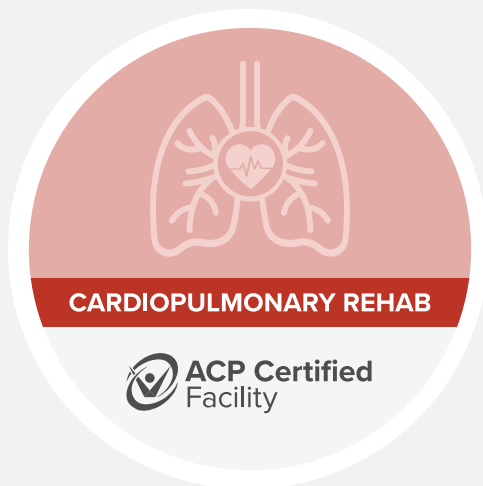


Advance Your Cardiopulmonary Care

Get ACP Certified in Cardiopulmonary Rehab

ACP's evidence-based Cardiopulmonary Rehab Program is designed to help patients build muscle strength and aerobic capacity, increase circulation and neuromuscular function, and enhance quality of life. By becoming ACP Certified in Cardiopulmonary Rehab, your staff is demonstrating advanced proficiency in cardiopulmonary care that improves patient outcomes and distinguishes your facility's clinical expertise.



FOR FACILITIES

The facility will be designated “ACP Certified in Cardiopulmonary Rehab” by ensuring the following:

- ≥ 1 rehab clinician is “ACP Certified in Cardiopulmonary Rehab”
- ≥ 3 nursing clinicians are “ACP Certified in Cardiopulmonary Rehab”
- Facility reports on program implementation through pre- and post-program outcome measures

Visit acplus.com/acp-certified to learn more. Questions? Please contact our Clinical Education team at ClinicalEd@hanger.com.

RECOMMENDED RESOURCES

Nursing Home Administrator CE Courses (0.75 hr)

- Cardiopulmonary Program Interdisciplinary Approach

ACP-Mediated Co-Branding Materials (~10 min)

- Program-Specific Partner Marketing Flyer

Interdisciplinary Quick Reference Guides (~15 min each)

- Chronic Heart Failure IDT QRG
- Chronic Obstructive Pulmonary Disease IDT QRG

CMS Critical Element Pathways (~15 min each)

- Respiratory Care and/or Ventilator-Dependent Residents (CMS 20081)
- Positioning, Mobility and Range of Motion (CMS 20120)
- Activities of Daily Living (CMS 20066)
- Nutrition (CMS 20075)
- Specialized Rehabilitative or Restorative Services (CMS 20080)
- Activities (CMS 20065)

PROGRAM OUTCOME

After rehab and nursing clinicians complete the program essentials and core content, facility will implement the program and report on 1-2 outcome measures of their choice on ≥ 5 patients from pre- to post-program.

Suggested Outcomes

- LOS
- Recidivism rates with cardiopulmonary diagnosis; potentially preventable hospitalizations (e.g., asthma, heart failure)
- # of patients with cardiopulmonary diagnosis admitted to facility (if focus is on developing specialty program)
- MDS (e.g., Section GG)
- Supplemental O₂ (e.g., delivery mode, L/min)
- Lung volume/flow measures
- Frailty Scales (e.g., Frailty Phenotype, Frail - NH Scale, Gait Speed + Grip Strength)
- 6 MWT; Gait Speed; 5x or 30-sec Sit to Stand Test; Grip Strength
- Barthel Index or Katz Index for ADLs