



# Reduce Falls with ACP's Fall Prevention and Balance Program

*Help Improve Your Patient Outcomes and Reduce Rehospitalization*

Falls are one of the major leading causes of hospitalization in post-acute care. According to the U.S. Centers for Disease Control and Prevention, one in four Americans aged 65+ falls each year. Falls are the leading cause of fatal injury and the most common cause of nonfatal trauma-related hospital admissions among older adults.

ACP's fall prevention and balance program combines innovative rehabilitation technologies with customized clinical protocols and pathways, advanced therapist training and ongoing support by ACP's physical and occupational therapists. This fully integrated and highly customizable approach incorporates electrotherapy and muscle strengthening exercise regimen to substantially reduce fall incidences, which improves patient outcomes and differentiates your clinic in the community by leading to a better five-star quality rating.

## ACP'S FALL PREVENTION AND BALANCE PROGRAM WILL:

### HELP YOUR PATIENTS:

- Reduce pain
- Re-educate muscles
- Improved quality of life
- Enhance strength, mobility and coordination
- With gait-training

### SUPPORT YOUR CLINIC GOALS TO:

- Identify risk factors
- Reduce related costs
- Lower hospital recidivism
- Manage surveys, FTAGS, QAPI, and quality indicators proactively
- Differentiate your clinic in the marketplace

**ACP customers average 9.8% lower incidence of falls\* as compared to non-ACP customers.**

– 2017 THE MORAN COMPANY FIVE-STAR RATINGS STUDY

\* Long-stay ratings for ACP customers versus non-ACP customers.



***“ACP really involved our staff to participate in interactive sessions on preventing falls and as a result had good outcomes.”***

– KATHRYN MCGUIRE, DIRECTOR OF NURSING, CONTINUING CARE AT MARIS GROVE

## EVIDENCE-BASED CLINICAL PROGRAM – FALL PREVENTION AND BALANCE

### INNOVATIVE REHAB TECHNOLOGIES

#### OmniCycle®

Therapeutic exercise system with motor-assist technology and biofeedback driven exercise programs to accommodate lower functioning patients with strength, coordination, orthopedic, neurologic or cardiopulmonary challenges.

#### OmniVR®

Virtual Reality System designed to improve exercise participation, repetition, balance and cognitive function by re-creating the patient’s movements in a 3-D, real-time interactive experience. When immersed in virtual reality, the patient demonstrates greater motivation, exercise intensity and repetitions. Integrated CARE Item Set.

#### OmniVersa®

Electrotherapy and ultrasound combination therapy system that includes integrated, evidence based clinical protocols and offers ultrasound and a variety of electrical stimulation waveforms to effectively address and improve neuromuscular function.

#### OmniStand®

Fall-safe dynamic balance system designed to assist therapists in working with their patients one-on-one to perform balance, pre-gait and standing tolerance exercises. Enables 0°, 6°, 11° of sway in all planes to challenge patients dynamic balance reactions.

### CLINICAL SERVICES

#### Education & Training

CEU-approved courses provide clinicians with the most current in-depth information on fall prevention, assessment and treatment using biophysical agents in conjunction with therapeutic exercise, balance training and ADLs.

#### Treatment Pathways & Protocols

Clinical protocols designed to guide clinicians to implement skilled, evidence-based rehabilitation programs for patients at risk for falls.

#### Caseload Consultation

Ongoing assessment of clinical needs and development of customized intervention strategies to improve patient and facility performance in important quality measures.

#### Clinic Differentiation

Tailored marketing programs to help you highlight your superior practices and results to differentiate your clinic and improve census.



LET US HELP YOU GET YOUR  
PATIENTS BETTER, FASTER  
acplus.com | 800.350.1100