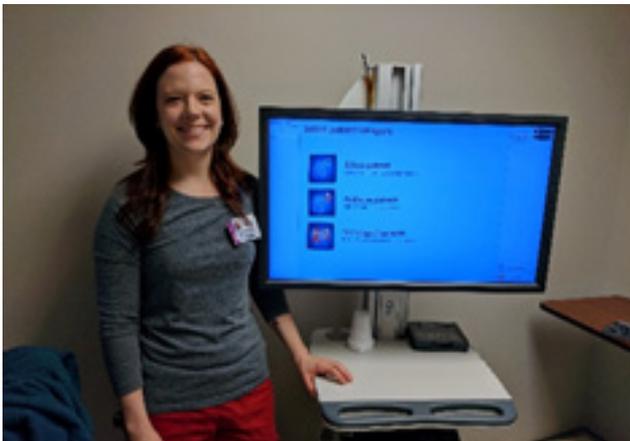


Spring 2017

Synchrony Champions Corner



Monica Seaman, MA, CCC-SLP, lead SLP at Lynn Care Center with Select Rehab in Front Royal, VA, has embraced the 2016 addition of Synchrony Dysphagia Solutions by ACP® at her facility. She states she feels truly supported at Lynn Care and enjoys coming to work. "We have one of the best facilities and rehab teams in the region." The administrator understands and appreciates the importance of speech therapy and invests time and resources into the program. Over the last few months Monica has achieved success with many patients, even those she had difficulty treating previously. Monica is a strong advocate of the Synchrony program and provided her insight below

Since introducing biofeedback into my treatments, I have observed several benefits. First, the incorporation of Synchrony sEMG has led to increased patient participation and buy-in. With the use of visualizations, patients are better able to observe and assess their own progress/performance. Unsurprisingly, increased patient participation has led to greater progress and improved outcomes overall. Second, I have found that I am better able to track and measure my patient's progress. The data I collect using Synchrony sEMG within each session allows for me to provide more detailed and specific feedback to my patients as well as provide evidence to support my observations. With the feedback provided by sEMG, my patients are often better able to make adjustments and corrections in order to help retrain their swallow. Synchrony sEMG also allows for me and my patients to determine if exercises/movements are being performed correctly (ex. Mendelsohn maneuver). In the past, I often heard patients say "How do I know if I'm doing it right?" or "How do you know if it's working?" With the use of Synchrony, I don't often hear those questions since we see if a movement is being performed correctly and if the current treatment techniques being utilized are leading to an improvement in swallow ability.

Additionally, patients who are poor candidates for other treatment options (such as Vital Stim®) are often able to use Synchrony, which allows for intervention which otherwise would not be feasible. I have been able to provide rehabilitation services to more patients in my facility with dysphagia, even those with long standing deficits that were poor participants in traditional therapy. I would recommend Synchrony sEMG for biofeedback to any speech therapist, particularly those who are looking for a method to better quantify patient response to treatment, improve outcomes, and increase their ability to assist the patients within their facility.

Thank you, Monica, for sharing the success you have achieved with your patients using Synchrony sEMG and recommending this program to your peers for the achievement of enhanced outcomes with more patients!